



Donning and doffing in community settings

Donning PPE

Step 1



Perform hand hygiene

- Remove jewellery and ensure bare below the elbows
- Using an alcohol based hand rub, cover all hand surfaces and rub until dry

Step 2



Fit mask

- Secure loops around the ears (if ties are present, secure ties at the crown of the head and at the base of the head)

- Gently extend the pleats downwards to sit underneath the chin
- Mould the metal band over the nose and cheeks for a secure fit
- Avoid touching the front of the mask once fitted

Step 3



Fit eyewear, if required

Note: you may need to wear eye protection for occupational safety and health (OHS) requirements

- Position eyewear over eyes
- Adjust as required

Step 4



Perform hand hygiene

- Perform hand hygiene

Step 5



Fit gloves, if required

- Select the correct size glove
- Fit gloves, adjusting at the cuffs

Doffing PPE

Step 1



Removing gloves, if worn

- Remove by gripping at cuffs
- Immediately dispose of gloves into general waste bin

Step 2



Perform hand hygiene

- Using an alcohol based hand rub, cover all hand surfaces and rub until dry

Step 3



Removing eyewear, if worn

- Remove eyewear by handling sides or back only
- Discard or clean and disinfect as per manufacturers instructions

Step 4



Perform hand hygiene

- Using an alcohol based hand rub, cover all hand surfaces and rub until dry

Step 5



Removing mask

- Remove mask by only handling the ties or loops, then discard into general waste bin

Step 6



Perform hand hygiene

- Using an alcohol based hand rub, cover all hand surfaces and rub until dry