



Government of **Western Australia**  
Department of **Health**

Communicable Disease Control Directorate

# Guideline for Accessing Non-Occupational Post-Exposure Prophylaxis (NPEP) to Prevent HIV in Western Australia

Guideline 0014 / 22 December 2025

[health.wa.gov.au](http://health.wa.gov.au)

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# 1. Definitions/Acronyms

Term	Definition
DOH	Department of Health
ED	Emergency Department
HIV	Human Immunodeficiency Virus
NPEP	Non-Occupational Post-Exposure Prophylaxis
PEP	Post-Exposure Prophylaxis
SHBBVP	Sexual Health and Blood-borne Virus Program
WA	Western Australia
WACHS	WA Country Health Service

## 2. Purpose

The purpose of this guideline is to ensure timely and equitable access to non-occupational post-exposure prophylaxis (NPEP) across Western Australia (WA) and to support clinicians and healthcare facilities in delivering consistent, evidence-based care.

NPEP is a short course of antiretroviral medication taken after a potential HIV exposure to significantly reduce the risk of infection. This guideline provides practical information for healthcare providers on initiating and managing NPEP in WA.

This guideline should be read in conjunction with the [Australian National Guidelines for Post-Exposure Prophylaxis \(PEP\) after Non-Occupational and Occupational Exposure to HIV](#) which detail:

- HIV transmission risk assessment;
- recommended timing for Post-Exposure Prophylaxis (PEP) initiation;
- baseline clinical assessment requirements;
- preferred medication regimens; and
- follow-up care and monitoring.

## 3. Scope

This guideline applies to clinicians, emergency department staff, sexual health services, hospital pharmacies, and other healthcare providers involved in initiating, dispensing, and monitoring NPEP in WA.

Occupational exposures are outside the scope of this document and must be managed in accordance with WA Health's [Management of Occupational Exposure to Blood or Body Fluids on Healthcare Settings](#) guideline. Refer also to the "Introduction" and

“Occupational Exposures” sections of the [Australian National Guidelines for Post-Exposure Prophylaxis \(PEP\) after Non-Occupational and Occupational Exposure to HIV](#).

## 4. Clinicians with HIV PEP prescribing expertise

Patients who have had non-occupational exposure to human immunodeficiency virus (HIV) should be referred to, or discussed with, a clinician with experience in HIV PEP prescribing. Refer to Table 1 below for contact details of clinicians and facilities with HIV PEP expertise.

**Table 1. Clinicians with HIV PEP prescribing expertise**

Facility	Telephone Number	Who to contact
Royal Perth Hospital	(08) 9224 2899 (business hours)	Clinical Immunology Registrar
	(08) 9224 2244 (weekends, public holidays and after hours)	Page Immunology Registrar on call
Fiona Stanley Hospital	(08) 9431 2149 (business hours)	Sexual Health Physician, South Terrace Clinic
	(08) 6152 2222 (weekends, public holidays and after hours)	Page Infectious Diseases Registrar on call
Perth Children’s Hospital	(08) 6456 2222 (business hours)	Infectious Diseases Consultant
	(08) 6152 2222 (weekends, public holidays and after hours)	Page Infectious Diseases Registrar on call

## 5. NPEP stocks

### 5.1 NPEP stock

For accurate and up-to-date information on where NPEP stock is kept on hand, access [Formulary One](#) to view imprest lists for wards in WA public hospitals. Use the imprest function, to search for PEP regimens, such as:

- Emtricitabine 200 mg /tenofovir disoproxil fumarate 300 mg tablet
- Emtricitabine 200 mg /tenofovir disoproxil maleate 300 mg tablet
- Emtricitabine 200 mg /tenofovir alafenamide 25 mg tablet
- Dolutegravir 50 mg tablet.
- Raltegravir tablets

*Important:* Raltegravir comes in two strengths:

- 400 mg (standard dosing)

- 600 mg (used for 1200 mg once-daily dosing)
- Lamivudine/Zidovudine (150 mg /300 mg tablet), may be used for patients with renal impairment.

## 5.2 PEP Options for Children

Paediatric regimens should be weight-based and follow [\*Australian National Guidelines for Post-Exposure Prophylaxis \(PEP\) after Non-Occupational and Occupational Exposure to HIV\*](#).

Common options include:

- Tenofovir + Lamivudine + Dolutegravir ( $\geq 30$  kg)
- Zidovudine + Lamivudine + Raltegravir for younger children or renal impairment cases.

## 5.3 Metropolitan Areas:

During Business Hours: seven-day NPEP starter packs are available from Royal Perth Hospital Sexual Health Clinic or Fremantle Hospital South Terrace Clinic.

Outside Business Hours: Starter packs can be accessed through public hospital emergency departments.

Follow-up supply: The remainder of the 28-day regimen will be dispensed within seven days of initiating treatment at a follow-up appointment at:

- Royal Perth Hospital Sexual Health Clinic; or
- Fremantle Hospital South Terrace Clinic.

## 5.4 Non-Metropolitan Areas:

- 28-day supply can be provided from WA Country Health Service (WACHS) sites listed in Table 2.

**Table 2. Location of NPEP stocks at WACHS sites\*.**

Region	Site	Stock location
<b>Kimberley</b>	Broome Hospital	Emergency Department
	Derby Hospital	Emergency Department
	Kununurra Hospital	Emergency Department
<b>Great Southern</b>	Albany Health Campus	Pharmacy
	Katanning Hospital	Emergency Department
<b>Goldfields</b>	Kalgoorlie Health Campus	Pharmacy
	Esperance Hospital	Emergency Department
<b>Midwest</b>	Geraldton Hospital	Emergency Department
	Carnarvon Hospital	Emergency Department
	Exmouth Hospital	Emergency Department
	Murchison Hospital (Meekatharra)	Emergency Department

	Burringurrah Clinic	Pharmacy
	Coral Bay Nursing Post	Coral Bay Nursing Post
	Kalbarri Health Centre	Emergency Department
	North Midlands Health Service (Three Springs)	Emergency Department
	Northampton Health Centre	Emergency Department
	Cue Hospital	Emergency Department
	Yalgoo Health Centre	Emergency Department
<b>Pilbara</b>	Port Hedland Hospital (Hedland Health Campus)	Emergency Department
	Karratha Health Campus	Emergency Department
	Newman Hospital	Pharmacy
	Onslow Hospital	Pharmacy
	Tom Price Hospital	Pharmacy
<b>South West</b>	Busselton Health Campus	Emergency Department
	Bunbury Hospital	Emergency Department
	Collie Hospital	Emergency Department
	Manjimup/Warren Health Service	Emergency Department
<b>Wheatbelt</b>	Northam Hospital	Emergency Department
	Narrogin Hospital	Emergency Department
	Merredin Hospital	Emergency Department

\* This information was current at the time of publication of this guideline but may become out of date and should not replace consultation with Formulary One [Statewide Medicines Formulary](#).

## 6. Roles and Responsibilities

Clinicians with HIV PEP prescribing expertise: Conduct risk assessment and manage patients in accordance with the [Australian National Guidelines for Post-Exposure Prophylaxis \(PEP\) after Non-Occupational and Occupational Exposure to HIV](#).

Emergency department staff: Provide NPEP starter packs in metropolitan areas; ensure counselling on adherence and side effects; initiate referral to sexual health clinics for follow-up.

Pharmacy: Maintain imprest stock as per Formulary One; dispense remainder of regimen at follow-up appointments; support medication counselling.

Sexual Health Clinics / Infectious Diseases Services: Provide follow-up appointments, review tolerability, reinforce risk reduction strategies, and coordinate ongoing care.

## 7. Guideline Contact

Enquiries relating to this Guideline may be directed to:

Sexual Health and Blood-borne Virus Program

Email: [shbbvp@health.wa.gov.au](mailto:shbbvp@health.wa.gov.au)

## 8. Document Control

Guideline number	Version	Published	Review Date	Amendments
001	V.1			

## 9. Approval

<b>Approved by</b>	Dr Paul Armstrong Director, Communicable Disease Control Directorate, Department of Health
<b>Approval date</b>	28 January 2026

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